

Name: _____ Date: _____

PAST MEDICAL HISTORY

Gynecological

- Abnormal Pap Smear
- Decreased libido
- Fibroids
- Herpes
- Hormone problems
- Irregular periods
- Menopause symptoms
- Other: _____

Breast

- Abnormal mammogram
- Breast cancer
- Breast discharge
- Breast mass
- Breast pain
- Other: _____

Cardiovascular

- Blood Clots
- High Blood Pressure
- Heart Disease
- Heart Attack
- Mitral Valve Prolapse
- Other: _____

Digestive

- Celiac Disease
- Chron's Disease
- Colon Cancer
- Constipation
- Gallbladder Disease
- Gastric Ulcer
- Hemorrhoids
- Hepatitis
- Hernia
- Liver Problems
- Nausea
- Vomiting
- Other: _____

Endocrine

- Autoimmune Disorder
- Cystic Fibrosis
- Diabetes
- High Cholesterol
- Hypothyroidism
- Other: _____

Hematologic (Blood)

- Anemia
- Bleeding Problems
- Sickle Cell Anemia
- Other: _____

Injury

- Head Injury
- Kidney Injury
- Liver Injury

Musculoskeletal

- Arthritis
- Bone Disorder: _____
- Backache
- Fibromyalgia
- Joint Disorder: _____
- Osteopenia
- Osteoporosis
- Other: _____

Neoplasm

- Breast Cancer
- Cervical Cancer
- Colon Cancer
- Ovarian Cancer
- Uterus Cancer
- Other: _____

Neurological

- CVA (Cerebrovascular Accident)
- Headaches
- Migraines
- Multiple Sclerosis
- Parkinson's disease
- Other: _____

Psychiatry

- Alcohol Withdrawal
- Anxiety
- Bipolar Disorder
- Depression
- Drug Withdrawal Syndrome
- Panic Disorder

Respiratory

- Asthma
- Emphysema
- Lung Problem: _____

- Sleep Apnea

Skin

- Acne
- Eczema
- Edema
- Hirsutism (Abnormal Hair Growth)
- Impetigo
- Skin Cancer

Urology

- Bladder Infection
- Blood in Urine (Hematuria)
- Incontinence, Stress
- Incontinence, Urge
- Kidney Failure
- Kidney Stones
- Painful Urination

PAST SURGICAL HISTORY

- Appendectomy
- Breast Surgery
 - Augmentation (Implants)
 - Reduction
 - Mastectomy
- C-Section
- Cholecystectomy (Gallbladder)
- Colonoscopy
- Colposcopy
- Cryotherapy of Cervix
- Cystocele "Bladder" Repair
- D & C
- Essure Tubal Sterilization
- Hysterectomy
 - Abdominal
 - Vaginal
- Laparoscopy
- LEEP Excision
- Monarc "bladder sling"
- Novasure Ablation
- Ovary: _____
- Plastic Surgery
 - Site: _____
- Rectocele "rectum" repair
- Tonsillectomy
- Tubal Ligation
- Wisdom Teeth
- Other: _____
- Other: _____

MEDICATIONS

- Birth Control Pills
 - _____
- See List
- _____
- _____
- _____
- _____

ALLERGIES

- NONE**
- Adhesive Tape
- Ampicillin
- Betadine or Iodine
- Bee Stings
- Codeine
- Environmental: _____
- Food: _____
- LATEX
- Milk
- Lubrication Jelly
- Macrobid
- Morphine
- Penicillin
- Sulfa
- Vicodin
- Other: _____
- Other: _____
- Other: _____

IMMUNIZATIONS

- Gardasil® HPV series
- Hepatitis A & B series

FAMILY MEDICAL HISTORY

- Breast Cancer
 - Mother at age _____
 - Sister at age _____
 - Grandmother at age _____
 - Aunt at age _____
- Cervical Cancer
- Colon Cancer
- Heart Disease
- High Blood Pressure

- Lung Cancer
- Mental Illness
- Osteoporosis
- Ovarian Cancer
 - Mother at age _____
 - Grandmother at age _____
 - Sister at age _____
- Premature Menopause
- Sickle Cell Disease
- Thyroid Disorder
- Uterus Cancer
- Other: _____

REPRODUCTIVE HISTORY

- Age at first period _____
- Days between periods: _____
- How long are your periods: _____
- Last period date: _____
- # Pregnancies: _____
- # Miscarriages: _____
- # Living Children: _____

Method of Birth Control

- Birth Control Pills
- Condoms
- IUD
- NONE
- Tubal Ligation
- Vasectomy on Partner
- Other: _____

Menopause

Age at Menopause: _____

SOCIAL HISTORY

Substance Use

- Alcohol
- Marijuana
- Tobacco
 - 1 pack per day
 - ½ pack per day
 - Social
 - Quit at age _____

Occupation

- _____
- Heavy Lifting?
- Exposed to chemicals?

Exercise

- Active but no formal exercise
- Exercise 4+ days a week
- Exercise 1-3 days a week
- Minimal
- Sedentary

Marital Status

- Divorced
- Engaged
- Married
- Single
- Widowed

Military History (THANKS!)

- Army
- Air Force
- Coast Guard
- Marine Corps
- Navy

How do we contact you for reminders? Mark those that apply.

- Cell: _____
- Home: _____
- e-mail: _____